

22 September 2021

Dear Parent/Carer,

Your son/daughter is studying Food & Nutrition throughout the year, and therefore I am writing to explain that the lesson before students will be cooking, an assignment on TEAMS will appear with a list of ingredients that your child will need to bring into school for the practical lesson. Hopefully the recipe will be something the whole family can enjoy; we will be happy to adapt recipes to your families' requirements, vegetarian or gluten free for example. If you wish to discuss any of the recipes, please do not hesitate to contact me.

Your son/daughter will also need to bring a suitable container with a lid to transport their cooking home.

One important aspect of teaching Food & Nutrition is that we know of any students with food allergies or intolerances. Please complete the slip below to make us aware of any issues.

If your daughter/son is in receipt of free school meals, the Academy can provide ingredients. Please indicate on the slip below, if you would like us to do this. If you are not eligible for free school meals, but are concerned about the cost of providing ingredients, due to financial constraints, please contact Mr Fowler to discuss your concerns on ian.fowler@astreaernulf.org or 01480 374748.

Yours faithfully,

Mr I Fowler
Teacher of Food & Nutrition

Please return this slip to your form tutor by Friday 1 October or email Mr Fowler.

Student Name: _____ Tutor Group _____

Please give details of any food allergies/intolerances, special diets (such as Vegetarian, Vegan) or medical considerations:

My daughter/son is in receipt of free school meals and I would like the Academy to provide any ingredients required. (Please tick if required)